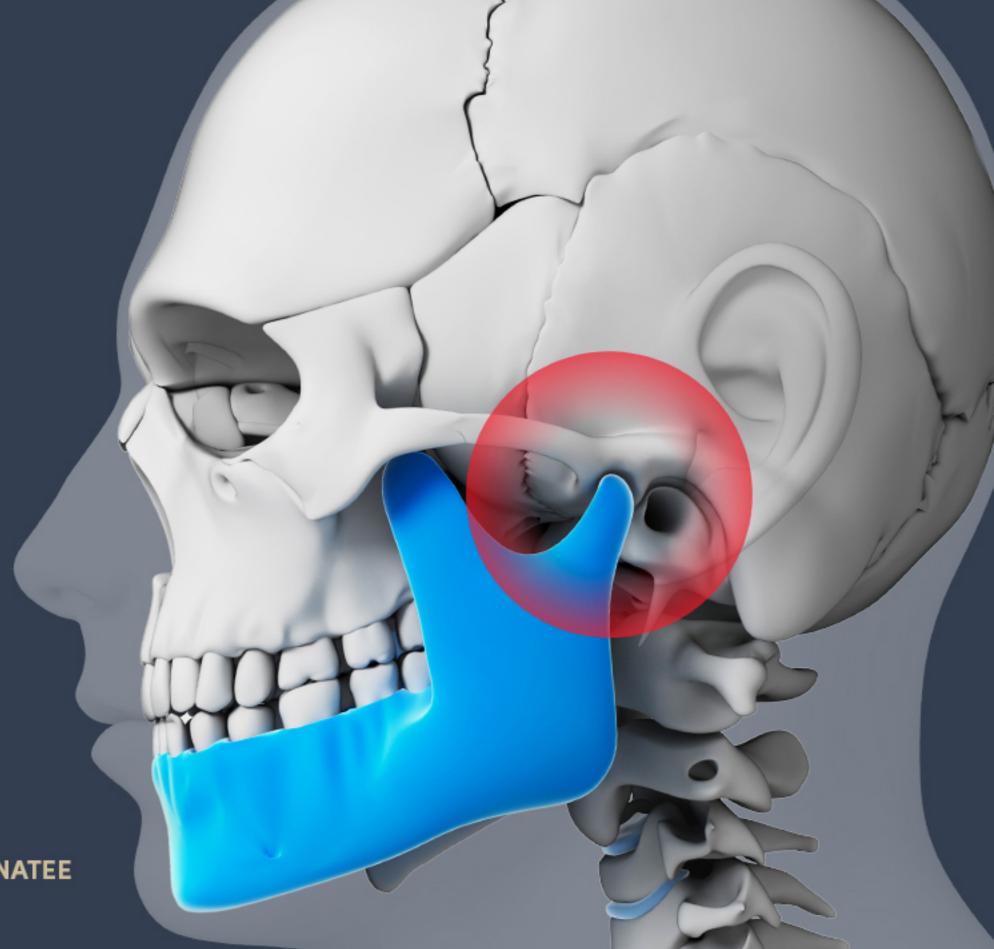


TMJ TREATMENT

FREE YOURSELF
FROM TMJ
TREATMENT



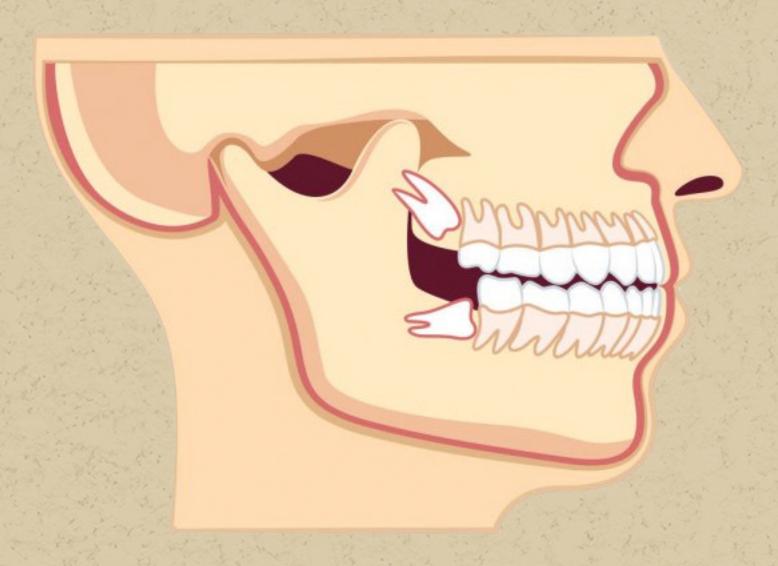


## WHAT IS TMJ TREATMENT:

Sometimes it's a clicking or popping sound. Other times it's jaw pain so incapacitating that it can hinder you from engaging in common activities such as eating, speaking, and even yawning. TMJ disorders (temporomandibular joint disorders, or TMD) can cause you a great deal of discomfort, including recurring headaches, jaw stiffness, joint cracking and locking, and jaw muscle spasms. TMJ disorders can also lead to malocclusion, which is the term that means your teeth don't align properly when you bite down. With correct occlusion, your teeth, jaw, and joints all work together. This is essential to maintaining good overall oral health and functioning. Fortunately, DR. Nish Patel have extensive expertise in providing effective relief for TMJ issues—and keeping your jaws working the way they should.







# TMJ TREATMENT OPTIONS

- ✓ Mouthguard
- Electrical nerve stimulation
- Trigger-point injections
- ✓ Surgery



#### TREATMENT PROCESS

The first step in treating your TMJ symptoms is determining the true cause behind your jaw pain. You may be surprised to learn that up to 90% of people with TMJ pain actually have a problem with the adjacent muscle, not the joint. That's good news, because in those cases we can treat the issue with non-invasive methods. These types of muscle problems are typically resolved by medically relaxing the muscles. The best way to find out what's causing your jaw pain is to come in for a consultation with Dr Patel & Dr Chuck. Once they determine that you have issues with your jaw, they can offer a variety of advanced and effective treatments and procedures, including arthrocentesis, arthroscopy, and TMJ joint replacement. Non-surgical methods include physical therapy, anti-inflammatories, and specialized diets. They'll give you whatever help you need to restore your health and enable you to begin using your jaws comfortably and normally again





# SMYL MANATEE CREATING LIFELONG SMILES

"I have been to many dentists for my Jaw pain and had different solutions and procedures done but nothing worked until I met Dr Patel! He didn't only help me in getting out of the pain but also guided me on future prospects. God Bless him."

**ROBERT CHARLES** TMJ Patient

# SMYL MANATEE

## CREATING LIFELONG SMILES

### Schedule Your Consultation now

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